

Wildwood Crest Recreation Department

February 2026 Activities

RECREATION PROGRAMS:

Adult Fitness: Aerobics/strength training program designed for older adults ... Mondays, Tuesdays and Thursdays at 10 am ... \$5 per class or 20 classes for \$80 ... No class Mon. 2/16

Walking Wednesdays: Wednesdays at 9 am ... Free 30-minute walking/light aerobics class for all ages ... NEW-Group Pier walking continues 9:30-10 am with music

Adult Functional Fitness: Saturdays at 8:30 am Adult exercise program focusing on total body strength ... \$5 per class or 20 classes for \$80

Wellness Workshop: Tuesdays at 5:30 pm ... mindfulness class featuring gentle yoga, stretching, balance exercises, movement and synchronized breathwork, sound bath meditation and journaling ... seniors, veterans, those with limited physical abilities and all who are interested are welcome ... \$5 per class or 20 classes for \$80 ... no class Tue. 2/17

Crest Kids Tot Time: Wednesdays 10 am-12 noon ... unstructured drop-in play time for preschoolers accompanied by a parent or guardian

Pier Walking: 8:30 am-3 pm Monday through Friday

Adult Pickleball: 8:30 am-9:45 am & 11:15 am-3 pm Monday, Tuesday, Thursday; 12 noon-3 pm Wednesday; 8:30 am-3 pm Friday (reservations suggested; at least one player in group must be Wildwood Crest resident)

Adult Mahjong: Wednesdays, 1-4 pm

CREST PIER DANCES

Saturday, February 14 – 7-9:30 pm

Saturday, February 21 – 7-9:30 pm

Open to boys and girls in grades 5-8 ... Admission: \$5

Crest Pier Fitness Room

Crest residents only, ages 18 and older (FREE, but patrons must register in office; hours subject to change)

Monday-Friday: 8:30 am-8 pm

Saturday: 8:30 am-4 pm **Sunday:** 12 noon-3:30 pm

CREST PIER: 523-0202; V\$ POOL: 522-0084

CREST ARTS PAVILION: 522-0221

Island Basketball Tournament

Wednesday-Sunday, Feb. 18-22

Island Tournament and Skills Competition for boys and girls basketball teams at Crest Memorial, Margaret Mace, Wildwood and Wildwood Catholic Academy. Schedule TBA.

MEETINGS

Creative Arts: Tue., Feb. 3 at 4 pm (Crest Arts Pavilion)

Book Club: Tuesday, Feb. 17 at 12 noon

SENIOR SOCIAL RECREATION

Thursdays, 12-1:30 pm beginning 2/12

Open recreation activities for older adults ... come out to socialize, make friends and have fun ... FREE!!!

Info: 609-523-0202

Senior Functional Fitness Training

Wednesdays at 11 am

Fitness class designed for older adults focusing on strength training, coordination, balance and mobility ... \$5 per class or 20 classes for \$80

OPEN REC SCHEDULE

(Subject to change)

Monday-Friday: 3-6 pm grades 1-8; 6-9 pm HS/adults (close 8 pm Fridays)

Saturday: 11 am-2 pm grades 1-8; 2-5 pm high school/adults (Island residents only)

Sunday: 12-5 pm – Family open rec; Crest residents only; all children must be accompanied by an adult

Fri 2/13 (school holiday): All ages open rec 11 am-8 pm

Note: Gymnasium open for adults 8:30 am-3 pm Monday-Friday ... no open rec during Island Tournament (Feb. 18-22)

Presidents Day Schedule (Mon. 2/16)

Office/Fitness Room: 9:30 am-4 pm

Game Room: 11 am-4 pm

All ages open rec: 11 am-4 pm